



# ROCHESTER PUBLIC LIBRARY

## LIBRARY LINES

May 2023


### HOURS OF OPERATION

Mon. 11:00 am - 4:00 pm  
Wed. 2:00 pm - 7:30 pm  
Thurs. 11:00 am - 4:00 pm

### CONTACT US

E-mail - [tmorey@rochesterlibrary.ab.ca](mailto:tmorey@rochesterlibrary.ab.ca)  
Web page - [www.rochesterlibrary.ab.ca](http://www.rochesterlibrary.ab.ca)  
Facebook - Rochester Library  
Phone - 780-698-3970, 780-349-0690 (cell)

### STORY TIME

 Our Story Time has been changed to Wednesdays to accommodate the Rhymes that Bind program. If you have little ones at home, I would encourage you to attend. They have a lot of fun! We will return to the Thursday time in June.

## RHYMES THAT BIND

**Rochester Library**  
**April 5 - June 14, 2023**  
(except May 10)  
**Wednesdays**

**10-11 a.m.**

Drop in at the Rochester Library to enjoy sharing books, rhymes, songs and stories with Susan, our Family Literacy Facilitator.

Designed to help caregivers create a literacy-rich environment at home.

 **Words Work**  
Literacy Society  
Community Adult Learning Programs

 **Alberta**  
Government



The library will be closed on Monday, May 22, 2023

## Children's Program

**Wednesday, May 3, 2023**  
**3:00 - 4:30**

Join us to make something special for a special person!

Please register with the library before Monday, May 1.

### WE LOVE OUR VOLUNTEERS!!

We are always looking for volunteers. If you would be interested in helping at the library or updating our library website and/or Facebook page, please stop in for a chat. We can always find something for you to do!!



### ROCHESTER BINGO

First Thursday of every month  
**THURSDAY, May 4, 2023**

**Doors Open @ 6 pm**

**Pre Call @ 7pm**

**Rochester Hall**

**Hope to see you there!**

# LIBRARY LINES

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Get some tips searching  
for your Family Tree!



## Tween Program

Ages 9 - 12



### 3D VIRTUAL REALITY GAMES

May 18, 2023

@ the

Rochester Library

4 - 5 pm

**REGISTRATION IS A MUST!  
SPACE WILL BE LIMITED!**

## LEGO CLUB

Fourth Wednesday of  
Each month

Wednesday, May 24  
5:30 - 6:30

Open to all ages

Bring a friend along with your imagination  
and start building something great!

## Chalk Couture

DIY home decor products

Peggy is coming back to lead us in another project. The project will be a watering can.



Friday, May 19, 2023

6:30 pm

@ the

Rochester Library

Registration fee: \$50

TO REGISTER, CONTACT THE LIBRARY  
ON OR BEFORE MAY 15.



# LIBRARY LINES

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## ROCHESTER SCHOOL Upcoming Events

May 10 - Parent Council Meeting - 10 am  
May 6 - Highway cleanup  
May 19 - No School  
May 22 - No School

## ROCHESTER AG. SOCIETY Upcoming Events

May 4 - Rochester Bingo  
May 18 - Ag. Society Meeting. 7 pm, @ the hall  
June 1 - Rochester Bingo



Royal Cafe:  
**OPEN**  
Contact the  
school for dates!  
Where:  
**Rochester  
School**  
Time:  
**1-2:30 pm**

**The Ag Society is starting to organize this years fair, which will be held August 11-12. They could sure use your support! Meetings will be held after the regular monthly meeting until closer to the date. If you would like to see something happen, please join us on May 18 @ 8 pm at the hall!**

## *Rochester Community Supper*

At Rochester Senior's Centre  
On Thursday, May 4th at 5:30 pm

### Menu

Ham  
Lazy Cabbage Rolls  
Baked Beans  
Garden Salad  
Jello Salad  
Veggies  
Pickles and Buns  
Tea, Coffee, and Juice  
Chocolate Cake, Pudding, and Whipped Cream for Dessert

**Take out available!**

**Prepared by The Father's House Church  
All proceeds go to the Rochester Ag. Society**

Adults—\$12.00  
6-12 years old—\$7.00  
5 and under—Free

All children must be accompanied by a parent/guardian!

*Everyone is Welcome!*

## ROCHESTER UNITED CHURCH

**THE RUMORS ARE TRUE!** The Rochester United Church has been sold. The new buyers are planning to renovate the church into a home.

It has not been easy saying farewell to the little church, but we are sure that it will continue to be well loved. All the best to the new owners.

## COFFEE TIME

Monday, Wednesday and Friday  
9 am - 11 am  
Rochester Seniors  
Centre



**Rochester Ag. Society is looking to hire a casual custodian. If you are interested contact Sandy 780-307-6225.**





# LIBRARY LINES

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## Heartwood Folk Club

Friday May 12  
**AMY BISHOP**

Amy Bishop's voice is a combination of smooth pavement and rough gravel, with the ability to charm listeners with her sweet tones; yet stun audiences with the ability to hit any high note.

Hailing from Calgary, Amy began her music career around campfires, at block parties, and in church choir. Amy practiced other trades, but her passion for music prevailed, leading her to collaborations with Moby and opening for April Wine, Farmer's Daughter, and Chris Cummings. Amy has an instinctive ability to craft stories into song and deliver them with sincerity and passion, all qualities that make her an undeniable Canadian talent.



**Spring 2023 Season**

Show Time is 7:30 and there will be one intermission

Nancy Appleby Theatre, 4720 - 48 Street Athabasca

Advance Tickets available through:

Value Drug Mart or Whispering Hills Fuels  
Harvey 780-675-4158 George 780-698-3957  
Gift Certificates Available!



Tickets:

Advance Sale \$30  
At the Door \$35  
Under 12 - Always Free!

THE ROCHESTER SENIORS' CENTRE  
IS LOOKING FOR  
MEMBERS TO ATTEND OUR WEEKLY  
CARDS AND SOCIALIZING



EVERY MONDAY  
AT ROCHESTERS SENIORS CENTRE  
1 - 4 PM  
LUNCH PROVIDED

## ADULT VOLLEYBALL

Adult Volleyball  
Every Wednesday  
School Gymnasium  
7:30 pm  
Contact Wes @  
780-689-9716  
for more information.



## Rochester Library



**SEED LIBRARY IS BACK**



Have you extra seeds? Looking for something different to plant? Our seed library will be available again this year. Also, if you have any seedlings left or extra perennials. Bring them to the library to exchange for something else.

STOP BY TO SEE WHAT IS AVAILABLE!

Inviting members of the public to join us  
in keeping our community clean!

If you would like to join us, please RSVP by May 3, 2023



ROCHESTER SCHOOL IS DOING HIGHWAY  
CLEAN UP ON MAY 6TH, 2023

## PERRYVALE BINGO

May 26, 2023

Doors open at 6 pm  
Bingo starts at 7 pm

Come and have some fun

Everyone Welcome



## Country Blossoms Greenhouse

Opening May 13th, 2023

24th Anniversary

Amber Simpson  
Registered Massage  
Therapist  
780-213-4661

## Embraced Healing

Usui Holy Fire Reiki III  
Reiki Practitioner Connie Lapierre  
Call to book your date  
780-349-1059  
embracedhealing@gmail.com

eTransfer @ genmech @ mcsnet.ca

## Smithbuilt Enterprises Ltd.

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780-307-7667

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- Nitrogen Tanks
- Mobile Fuel Tanks
- Fuel Trucks
- Fuel Trailers
- Mobile Fuel Stations
- Mobile Fuel Tanks
- Propane Trucks / Tanker
- Propane Trailers

Smithbuiltenterprisesltd@gmail.com  
Smithbuiltenterprisesltd.com

P.O. Box 373, Clyde Alberta  
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# LIBRARY LINES

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May

**Athabasca Family Centre**  
3598-48 Ave

Add us on Facebook: Athabasca Family Centre  
780-675-2623



Alberta

Provincial Family Resource Networks



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday
1. 10:00-11:30am Sensory Exploring  3:30-4:30pm Fast Feet@ WHPS school gym	2. 10:00-11:00am Bike/stroller Roller  1:30-2:00pm Coffee Chat  2:00-2:30pm Kids Yoga Time	3. 9:30-10:00am Alphabet Detective  10:00-11:30am Coffee Chat  3:30-5:00pm Youth Club- Craft	4. 10:00-11:30am Baby Group  1:30-2:00pm Coffee Chat 2:00-2:30pm Craft and Shine 9:00am-10:00am *Join us at Grassland Library* Travelling Family Centre	5. 9:30-10:00am Tiny Tunes  3:00-4:00pm Muskeg Creek Scavenger Hunt	6. 9:00-11:00am Pancakes and Play
8. Centre Closed	9. 10:00-11:00am Bike/Stroller Roller  1:30-3:30ish pm Partners In Time @ PVL (Cars Movie-snacks provided)	10. 9:30-10:00am Alphabet Detective  10:00-11:30am Coffee Chat  1:30-2:30pm Partners In Time @ Extendicare (Ball Games)  3:30-5:00pm Youth Club- Board Games	11. 10:00-11:30am Baby Group  1:30-2:00pm Coffee Chat  2:00-2:30pm Mother's Day Craft	12. 9:30-10:00am Tiny Tunes  3:00-4:00pm Muskeg Creek Scavenger Hunt	13. Centre Closed
15. 10:00-11:30am Sensory Exploring 12:00-2:00pm Chalk The Walk (Meet at Multiplex)  3:30-4:30pm Fast Feet@ WHPS school gym	16. 10:00-11:00am Bike/Stroller Roller  12:00-2:00pm Chalk The Walk (Meet at Value Drug Mart)	17. 9:30-10:00am Alphabet Detective  10:00-11:30am Coffee Chat  12:00-2:00pm Chalk The Walk (Meet at Post Office)	18. 10:00-11:30am Baby Group  12:00-2:00pm Chalk The Walk (Meet at Senior Centre)  Spring Fling Pick Up 8:30-4:30pm	19. Centre Closed	20. Centre Closed
22. Centre Closed Victoria Day	23. 11:30-12:30pm Partners In Time @ PVL (Luncheon-lunch provided FREE)-Last one until fall  1:30-2:00pm Coffee Chat 2:00-2:30pm Kids Yoga Time 10:30am-12:00pm *Join us at Boyle Library* Travelling Family Centre	24. 9:30-10:00am Alphabet Detective  10:00-11:30am Coffee Chat  1:30-2:30pm Partners In Time @ Extendicare (Creative Art/Cricut Design)  3:30-5:00pm Youth Club-Lego Time	25. 10:00-11:30am Baby Group (Public Health Nurse)  1:30-2:00pm Coffee Chat  2:00-2:30pm Craft and Shine	26. 9:30-10:00am Tiny Tunes  3:00-4:00pm Muskeg Creek Scavenger Hunt	27. Youth Power Up!! 10:00-3:00pm Grades 4-7 Pre-register **space limited**
29. Centre Closed  3:30-4:30pm Fast Feet@ WHPS school gym	30. 10:00-11:00am Bike/Stroller Roller  1:30-2:00pm Coffee Chat  2:00-2:30pm Kids Yoga Time	31. 9:30-10:00am Alphabet Detective  10:00-11:30am Coffee Chat  1:30-2:00pm Coffee Chat 2:00-2:30pm Craft and Shine  3:30-5:00pm Youth Club-Survivor			

Alphabet Detective: A game to use your alphabet skills (listening, cognitive and visual) to find items in the room. All ages welcome.

Baby Group: A time for caregivers with babies under 12 months to meet other caregivers and babies and discuss current topics. Health Nurse in attendance once a month

Coffee Chat: Let's connect through conversation and discuss topics you are finding challenging

Craft and Shine: Use your creative skills to make a craft

Pancakes and Play: One Saturday a month join us for pancakes and play time in the center. Last one until fall

Sensory Exploring: Let your child learn through their senses

Youth Club: For children in grades 4-7. Location is at the Family Centre. See calendar for activity.

Youth Power Up: A group program for youth in Grades 4-7 to help develop positive outlooks through activities and crafts. \*Pre-register, limited space\*

Kids Yoga Time: We will be learning how to control our bodies through yoga. This program is 20-30min depending on topic.

Tiny Tunes: A time to use your gross motor and language skills through singing and dancing. Offered online through Zoom Friday morning

Bike/Stroller Roller: Join us as we move and get outside. Meet at the Family Centre and walk/bike around Cornwall. Leave Family Centre at 10:00am \*\*Weather dependent, check Facebook\*\*

Chalk The Walk: Join us writing inspirational messages at different locations during Mental Health Week. \*\*Weather dependent, check Facebook\*\*

Fast Feet: Join us at WHPS school gym for a fun physical activity program; running, throwing, catching, kicking, movement games and more! Must have indoor shoes.

Muskeg Creek Scavenger Hunt: Come explore Nature at the Muskeg Creek 1km Trail. Meet at chalet caregivers and children welcome. \*\*Weather dependent, check Facebook\*\*

Partners In Time: Bring your children to Pleasant Valley Lodge or Extendicare to interact with the seniors through a variety of activities. PVL activities food/snacks will be provided.

Travelling Family Centre: Crafts, stories, singing and caregiver education at communities within the NLFN

\*In the center

\*Hybrid-choice of in person or online


\*On Zoom



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## MAY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Cards @ Sr. Center - 1 pm  Library Open 11-4	2	3 Rhymes that Bind 10 - 11 am Children's Program 3-4:30  Library Open 2-7:30	4 Community Supper 5:30 Rochester Bingo  Library Open 11-4	5	6
7	8 Cards @ Sr. Center - 1 pm  Library Open 11-4	9	10  Library Open 2-7:30	11  Library Open 11-4	12	13
14 	15 Cards @ Sr. Center - 1 pm  Library Open 11-4	16	17 Rhymes that Bind 10 - 11 am  Library Open 2-7:30	18 Tween Program 4 pm Ag. Society Mtg. 7 pm  Library Open 11-4	19 Chalk Corture 6:30  NO SCHOOL	20
21	22 Cards @ Sr. Center - 1 pm  VICTORIA DAY NO SCHOOL  LIBRARY CLOSED	23	24 Rhymes that Bind 10 - 11 am  Library Open 2-7:30	25 Story Time 11 am  Library Open 11-4	26 Perryvale Bingo	27
28	29 Cards @ Sr. Center - 1 pm  Library Open 11-4	30	31 Rhymes that Bind 10 - 11 am  Library Open 2-7:30			

ASPEN CHIROPRACTIC HEALTH CENTRE  
10423 100th Ave. Westlock AB T7P 2J2

Dr. Bruce Elliott\*  
Chiropractor  
780 - 349 - 3503  
888 - 349 - 3503

\*Bruce Elliott Professional Corporation westlockchiro@gmail.com

Clayton Jensen  
Director

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