



ROCHESTER PUBLIC LIBRARY LIBRARY LINES

SEPTEMBER 2024

HOURS OF OPERATION

Mon. 11:00 am - 4:00 pm
Wed. 2:00 pm - 7:30 pm
Thurs. 11:00 am - 4:00 pm

CONTACT US

E-mail - tmorey@rochesterlibrary.ab.ca
Web page - www.rochesterlibrary.ab.ca
Facebook - Rochester Library
Phone - 780-698-3970, 780-349-0690 (cell)

If you wish to have this monthly newsletter emailed to you, please send your email address to info@rochesterlibrary.ab.ca. We will definitely add you to the list. This is not only a Library newsletter, so if you wish to add something to it, please email a jpeg copy to the same address and I will add it.

IMPORTANT NOTICE

THE LIBRARY WILL BE
CLOSED MONDAY, SEPT. 2/24

WE ARE LOOKING FOR VOLUNTEERS!!

We are always looking for volunteers. If you would be interested in helping at the library or updating our library website and/or Facebook page, please stop in for a chat. We can always find something for you to do!!

STORY TIME
AT THE ROCHESTER LIBRARY
Every Thursday @ 11 am

Music Crafts
Stories Games
Playnds

NOTE: The Travelling Family Center from Athabasca will join us on the third Thursday of each month.

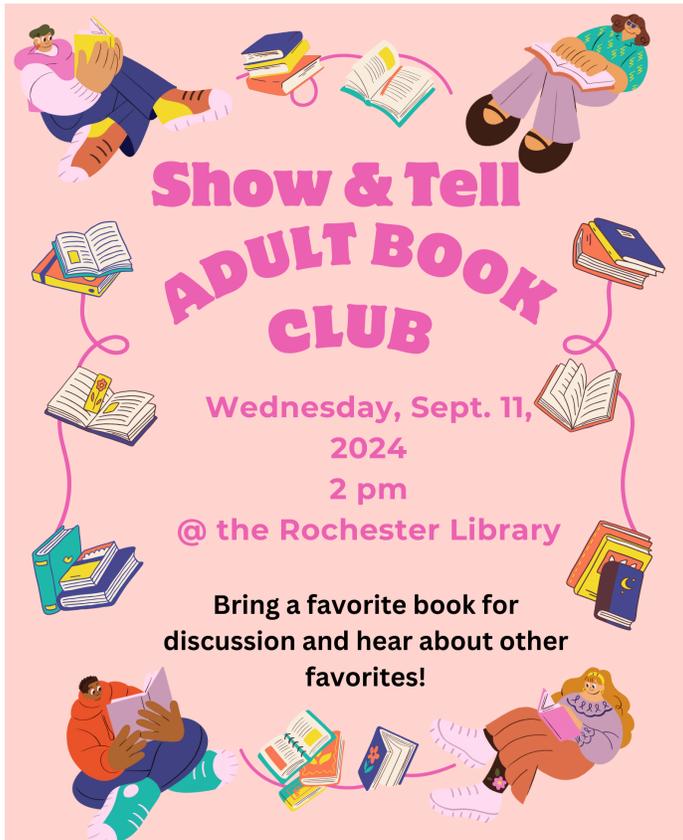
CHILDREN'S PROGRAM LIBRARY OLYMPIC GAMES

Sign up and enjoy some
outdoor games Olympic style.

WHEN: Wednesday, Sept. 4/24
WHERE: Rochester Library
TIME: 3 - 4:30 pm
WHO: Children ages 5-9



**PLEASE REGISTER WITH THE LIBRARY
BEFORE SEPT. 2**



**Show & Tell
ADULT BOOK CLUB**

Wednesday, Sept. 11,
2024
2 pm
@ the Rochester Library

Bring a favorite book for
discussion and hear about other
favorites!



**LEGO
CLUB**

FOURTH WEDNESDAY OF
EACH MONTH

WEDNESDAY, SEPT. 25/24
5:30 - 6:30

OPEN TO ALL
AGES

We supply the lego, you supply the
imagination!



**Friends of the Rochester
Community Library**

**ANNUAL GENERAL
* MEETING**

Wednesday, September 25
6:30 pm
at the Rochester Library

EVERYONE WELCOME

The friends of the Library are a group of individuals that
support the library with fundraising and library awareness.

Come Be Our Friend

Rochester Community Supper

At Rochester Senior's Centre
On Thursday, September 5, 2024
(Doors open at 5 pm & Supper is on the table at 5:30 pm)

Menu

- Hamburgers/Hot Dogs
- Baked Beans
- Potato Salad
- Coleslaw
- Pickles, Lettuce, Tomatoes and Onions
- Tea, Coffee, and Juice
- Strawberry Shortcake for Dessert!

Take out available!

*Prepared by
The Friends of the Rochester Library*

- Adults - \$12.00
- 6-12 years old - \$7.00
- 5 and under - Free

All children must be accompanied by a parent/guardian!

Everyone is Welcome!

LIBRARY LINES

ROCHESTER SCHOOL Upcoming Events

Sept. 2 – NO SCHOOL - Labor Day
Sept. 11 - Meet the Teacher
Sept. 20 - Pancake Breakfast & Terry Fox Run
Sept. 30 - Truth and Reconciliation Day -
NO SCHOOL

ROCHESTER AG. SOCIETY Upcoming Events

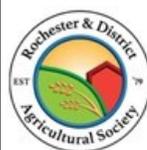
Sept. 5 - Rochester Bingo—CANCELLED
Sept. 19 - Ag Society Meeting - 7 pm @ hall
Sept 21 - Agriculture Society Awareness 1-4 @ hall

THE ROCHESTER'S SENIORS CENTRE
IS LOOKING FOR MEMBERS TO
ATTEND OUR WEEKLY CARDS AND
SOCIALIZING



EVERY MONDAY
AT ROCHESTER SENIORS' CENTRE
1 - 4 PM

The Rochester Ag. Society would like to thank all the volunteers that helped out during the fair. The fair is a huge undertaking, and it takes a great community to pitch in and make it happen. Also, thanks to everyone that was able to attend. We all need to do our part to keep our community going. Thanks again!



OPEN HOUSE

Rochester Ag. Society
&
Local Community Groups
Open House
Sept. 21/24
1-4

EVERYONE WELCOME!

ROCHESTER AG. SOCIETY BINGO



**WE ARE GETTING
CLOSER TO BINGO
RETURNING**

It's that time of year again! Lock your vehicles! Everyone is trying to unload their zucchini!



COFFEE TIME

Monday, Wednesday and Friday
9 am - 11 am
Rochester Seniors' Centre



LIBRARY LINES

ROCHESTER SENIOR'S PARTY

MUSICAL ENTERTAINMENT
LUNCH
CORSAGES FOR THE LADIES

Thursday September 19, 2024

1:00 pm - 4:00 pm

Rochester Senior's Centre

Donations are Appreciated!

Presented by the Rochester Willing Workers



Rochester Community Garage Sale

Sunday, September 29

10 am - 4 pm

At Rochester Senior's Centre

We are fundraising to purchase an AIR CONDITIONING unit for the Rochester Senior's Centre!

Come sell your own treasures at \$20 a table OR you can donate any items you want to the Senior's sale tables.

To book a table or to donate items to the Senior's tables - Call 780-698-2133.

Concession will be available!



Presented by the Senior's Coffee Time!

Ladies Day Out

Saturday, October 19, 2024

1:00 - 4:00 pm

Rochester Senior's Centre

Door Prizes, Speakers, and Games

Wine pull, Silent Auction, and Market Tables

Snacks and Desserts

Tickets are \$20 at the Door!!

Presented by the
Rochester Willing
Workers!



2024 Fall Concert Series



Lynne Hanson

Canada's Queen of Americana
Saturday, October 5, 2024 7:30 PM



The Wardens

Rich & authentic mountain music from the spirit of their Canadian Experiences.
Thursday, October 17, 2024 7:30 PM



Blue Moon Marquee

Modern blues, original style & a tremendous sound from a hugely talented duo.
Wednesday, October 30, 2024 7:30 PM



Jack Semple

Jack Semple plays Lightfoot
Wednesday, November 27, 2024 7:30 PM

Nancy Appleby Theatre 4720 - 48 Street, Athabasca, AB
All shows start at 7:30 pm with one intermission

Tickets Available at:
Online at Eventbrite**
*online fees apply
Value Drug Mart
Whispering Hills Fuels
Athabasca Health Foods
Harvey 780-675-4158
George 780-698-3957

Seasons Tickets
\$100 for all 4 shows
\$30 in advance
\$35 at the door
16 years and under FREE!
Will Call also available
780-307-6477 or
heartwood1997@gmail.com



LIBRARY LINES

Athabasca Family Centre

September 2024

3598-48 Ave

Add us on Facebook: Athabasca Family Centre
780-675-2623



Alberta Provincial Family Resource Networks

MONDAY	Tuesday	Wednesday	THURSDAY	FRIDAY	Saturday
2. Centre Closed -Labor Day-	3. 9:00-11:00am Sensory Exploring 1:30-2:30pm Partners In Time @ Extindicare (Shuffleboard)	4. 9:00-11:00am Coffee Chat 1:30-3:00pm Coffee Chat 3:00-3:30pm Craft and Shine 3:30-4:30pm Fast Feet@ WHPS school gym	5. 10:00-11:00am Family Sing Along 11:00-11:30am Coffee Chat 1:30-3:30pm Coffee Chat	6. 3:00-4:00pm Muskeg Creek Scavenger Hunt <i>*Talk to us about ASQ & Triple P</i>	7. Centre Closed
9. 1:30-3:00pm Remember Me 1-1 1:30-2:30pm Coffee Chat 2:30-3:00pm Craft and Shine	10. 9:00-11:00am Sensory Exploring 1:30-3:30pm Coffee Chat	11. 9:00-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym Community Registration @ Multiplex Fieldhouse 3:00-8:00pm	12. 10:00-11:30am Baby Plus 1:30-3:30pm Coffee Chat	13. 3:00-4:00pm Muskeg Creek Scavenger Hunt <i>*Talk to us about ASQ & Triple P</i>	14. Centre Closed
16. 9:30-10:30am Bike Stroller Roller 10:30-11:00am Coffee Chat 1:30-2:30pm Coffee Chat 2:30-3:00pm Craft and Shine	17. 9:00-11:00am Coffee Chat 10:30am-12:00pm <i>*Join us at Boyle Library*</i> Travelling Family Centre 1:30-2:30pm Partners In Time @ Extindicare (Ball Bingo)	18. 9:00-11:00am Coffee Chat 1:30-3:00pm Coffee Chat 3:00-3:30pm Craft and Shine 3:30-4:30pm Fast Feet@ WHPS school gym	19. 10:00-11:00am Family Sing Along 11:00-11:30am Coffee Chat 1:30-3:30pm Coffee Chat 11:00am-1:00pm <i>*Join us at Rochester Library*</i> Travelling Family Centre	20. 12:00-1:00pm Back to School Potluck <i>Everyone welcome, please bring a food dish to share</i> 1:00-1:30pm Chalk The Walk (Family Centre/FCSS) <i>*Talk to us about ASQ & Triple P</i>	21. Centre Closed
23. Centre Closed 1:30-3:00pm Remember Me 1-1	24. 9:00-10:00am Coffee Chat 1:30-3:30pm Coffee Chat	25. 9:00-11:00am Coffee Chat 1:30-3:00pm Alzheimer Group <i>*Caregivers ONLY*</i> 3:30-4:30pm Fast Feet@ WHPS school gym	26. 10:00-11:30am Baby Plus 1:30-3:30pm Coffee Chat 10:30am-12:00pm <i>*Join us at Richmond Park Hall*</i> Travelling Family Centre WHPS Welcome Back Fair @WHPS Gym 4:30pm - 6pm	27. 3:00-4:00pm Muskeg Creek Scavenger Hunt <i>*Talk to us about ASQ & Triple P</i>	28. Centre Closed
30. Centre Closed National Day for Truth and Reconciliation					

Alzheimer Group: Adults ONLY. Care Partner's Support Group lead by FCSS Seniors Advocate. Contact Kim for more info (780)675-2623

Baby Plus: A time for caregivers with babies under 12 months and their siblings to meet other caregivers and babies and discuss current topics.

Coffee Chat: Let's connect through conversation and discuss topics you are finding challenging

Craft and Shine: Use your creative skills to make a craft.

Remember Me 1-1: Speak with Amanda for more info.

Sensory Exploring: Let your child learn through their senses

Tiny Chef: Use and develop a variety of skills to make your own snack (please inquire about snack idea for allergy awareness)

Family Sing Along: Join in this caregiver/child singing group. The songs that will be sang are current songs (pop, country, contemporary). There will be small instruments for children to play.

Potluck: come to the center and enjoy a potluck (please bring a food dish to share). Eac

Bike/Stroller Roller: Join us as we move and get outside. Meet at the Family Centre and walk/bike around Cornwall. We will leave at start time of program. ****Weather dependent, check Facebook****

Fast Feet: Join us at WHPS school gym for a fun physical activity program; running, throwing, catching, kicking, movement games and more! Must have indoor shoes

Muskeg Creek Scavenger Hunt: Come explore Nature at the Muskeg Creek 1km Trail. Meet at chalet/muster point. ****Weather dependent, check Facebook***

Partners In Time: Interact with the seniors through a variety of activities at Extindicare

Travelling Family Centre: Crafts, stories, singing and caregiver education at communities within the NLFRR.

**In the centre*

***Outreach*

LIBRARY LINES

Regular Monthly Bingo



Perryvale Hall

Friday, September 27, 2024

Doors open @ 6 pm

Pre-call @ 7 pm

Lucky 7, Odd & Even, Early Bird, Lots of Games

Minors Welcome
Concession Available

**STAY FIT
NOT STILL**

JOIN US FOR A GENTLE FULL BODY
STRETCH TWICE A WEEK.

Monday & Thursday
Rochester Library
10 am

Cabin Consulting

Strategic business advice,
focused on results.

Serial entrepreneur with 10+ years of international business experience. References upon request.

Services include:
- start-up phase & client acquisition
- advertising & marketing
- scaling & growth
- life coaching
- best practices
- exit strategies

Rate: \$125/hour for virtual consultation. Prefer to meet in person? Let me know and I'll do my best to accommodate you.

Introductory Offer: Complimentary 30-minute consultation to start!

Website: www.cabinconsulting.ca
Email: david@cabinconsulting.ca

If anyone would like to add anything to our library newsletter, please e-mail me the submission in a jpeg format to tmorey@rochesterlibrary.ab.ca before the last Monday of each month. If there is room, I'd be happy to include it.

New Path HEALTH

ACUPUNCTURE

Now Booking

Located in Perryvale

EMAIL: NEWPATHHEALTH@GMAIL.COM
PHONE: (587) 435-7284
BOOK ONLINE AT: HELP.ME.AS.ME

Sewing, Mending, Quilting & Design
Rochester Seamstress

Elaine Hemeon
780-307-8671

Don't Delay, Call Today

Amber Simpson
Registered Massage
Therapist
780-213-4661

Clayton Jensen
Director

LARUE ELECTRIC AND CONTROLS LTD

780.307.8149
LarueElectric@outlook.com

PO Box 354
Rochester, AB
T0G 1Z0

Embraced Healing

Usui Holy Fire Reiki III
Reiki Practitioner Connie Lapierre
Call to book your date
780-349-1059
embracedhealing@gmail.com

etransfer@genmedh@mesnet.ca

MARY KAY

Nicole Traverse
Independent Beauty Consultant

Perryvale, Alberta
mobile 780 799-3555
nicoletraverse38@gmail.com
www.marykay.ca/nicolettraverse

LIBRARY LINES

SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Cards @ Sr. Centre 1 pm LIBRARY CLOSED	3	4 Children's Program 3-4:30 pm Library Open 2-7:30	5 Exercise @ library 10 am Story Time 11 am Supper @ Seniors 5:30 Library Open 11-4	6	7
8	9 Exercise @ library 10 am Cards @ Sr. Centre 1 pm Library Open 11-4	10	11 Adult Book Club 2 pm Meet the Teacher Library Open 2-7:30	12 Exercise @ library 10 am Story Time 11 am Library Open 11-4	13	14
15	16 Exercise @ library 10 am Cards @ Sr. Centre 1 pm Library Open 11-4	17	18 Library Open 2-7:30	19 Exercise @ library 10 am Story Time 11 am Sr. Party 1 - 4 pm Ag Society Mtg. 7 pm Library Open 11-4	20 Pancake Breakfast & Terry Fox Run	21 Open House 1-4 pm
22	23 Exercise @ library 10 am Cards @ Sr. Centre 1 pm Library Open 11-4	24	25 Lego Club 5:30-6:30 Friends Mtg. 6:30 pm Library Open 2-7:30	26 Exercise @ library 10 am Story Time 11 am Library Open 11-4	27 Perryvale Bingo	28
29 Sr. Gar- age Sale	30 Exercise @ library 10 am Cards @ Sr. Centre 1 pm Truth & Reconcilia- tion - NO SCHOOL Library Open 11-4					