



ROCHESTER PUBLIC LIBRARY

LIBRARY LINES

May 2024

HOURS OF OPERATION

Mon. 11:00 am - 4:00 pm
Wed. 2:00 pm - 7:30 pm
Thurs. 11:00 am - 4:00 pm

CONTACT US

E-mail - tmorey@rochesterlibrary.ab.ca
Web page - www.rochesterlibrary.ab.ca
Facebook - Rochester Library
Phone - 780-698-3970, 780-349-0690 (cell)

If you wish to have this monthly newsletter emailed to you, please send your email address to info@rochesterlibrary.ab.ca. We will definitely add you to the list. This is not only a Library newsletter, so if you wish to add something to it, please email a jpeg copy to the same address and I will add it.

LIBRARY CLOSED

The library will be closed Monday, May 20 for Victoria Day.

PLEASE NOTE

Story Time for the months of April, May and June will be changed to Wednesday mornings to accommodate the Rhymes that Bind Program. This is a terrific program for babies and preschool children.

 **Words Work**
Literacy Society
Community Adult Learning Programs

RHYMES THAT BIND

Rochester
April 3 - June 12
(except May 1)
Wednesdays
10:00 - 11:00am

Drop in at the Rochester library to enjoy sharing books, rhymes, songs and stories with Susan, our Family Literacy Facilitator.

This free program is designed to help caregivers create a literacy-rich environment at home.

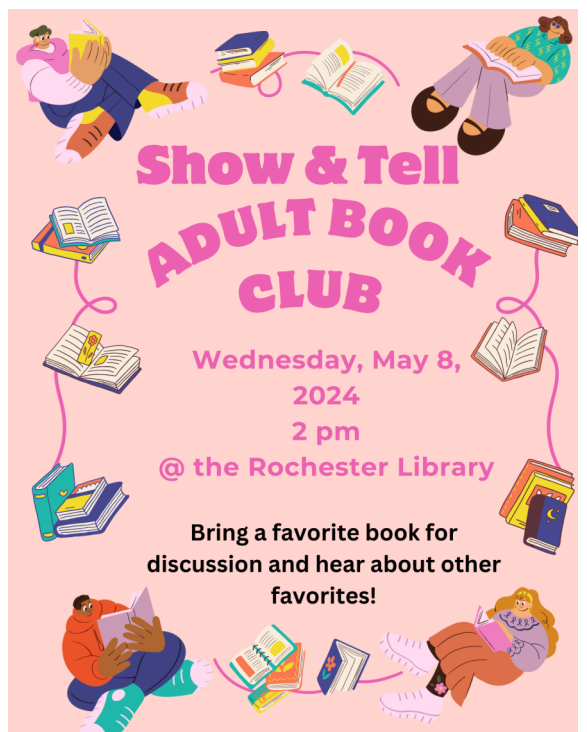


Children's Program

Wednesday, May 1
3 - 4:30 pm

We will be making something
special for Mothers' Day

Please register before April 30 to be
sure we have enough supplies



Show & Tell ADULT BOOK CLUB

Wednesday, May 8,
2024
2 pm
@ the Rochester Library

Bring a favorite book for
discussion and hear about other
favorites!

WE ARE LOOKING FOR VOLUNTEERS!!

We are always looking for volunteers. If you would be interested in helping at the library or updating our library website and/or Facebook page, please stop in for a chat. We can always find something for you to do!!

LIBRARY LINES

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Ages
9 & Up

Wednesday
May 15, 2024
3:00-4:30

TWEEN PROGRAM

Test Your Senses!

Can you identify the smell of steeped tea?

How about the taste of a coffee bean?

Come to the library and test your senses!



Register by contacting the library
tmorey@rochesterlibrary.ab.ca

NEW DATE!!!

PAINT NIGHT

With Belinda

One flower - \$40

Flower & bug - \$60



WHEN: Friday, May 3, 2024

TIME: 6:30 pm

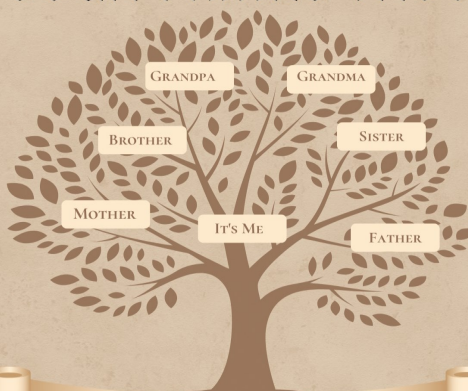
WHERE: Rochester Library

Please register on or before April 29

tmorey@rochesterlibrary.ab.ca

780-349-0690

YOUR FAMILY TREE



Wednesday, May 15, 2024

2:00 - 3:30 pm

Rochester Library

TOPIC - A look into Family Search

LEGO CLUB

Fourth Wednesday of
Each month

Wednesday,
May 22

5:00 - 6:00

OPEN TO ALL AGES

Bring a friend along with your
imagination and make it a competition!



LIBRARY LINES

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ROCHESTER SCHOOL Upcoming Events

May 8 - Parent Council Mtg. - 10 am
May 16 - PD Day - No School
May 17 - Day in Lieu - No School
May 20 - Victoria Day - No School
May 23—AspenView School Board meeting @
Rochester School

ROCHESTER AG. SOCIETY Upcoming Events

May 2 - Rochester Bingo—CANCELLED
May 16 - Ag Society Meeting - 7 pm @ hall
May 16 - Ag Society Fair Meeting - 7:30 pm @ hall

Mother's Day Tea

Saturday, May 11, 2024

At the Rochester Senior Centre

1:00 p.m. – 4:00 p.m.

Our Famous Egg Salad sandwiches
Tuna Sandwiches and Ham sandwiches
Pickles
Coffee, Tea, and juice
With Strawberry Shortcake for Dessert!!

\$5.00 per person at the Door!

Bake Sale Tables Silent Auction items

Presented by the Rochester Willing Workers

Everyone is Welcome!!

The Ag Society has started to organize the 2024 Fair. The fair this year will be held on Saturday, August 10th with theme being "Mad About Plaid". A lot of volunteers are needed to make this the success it has been. If you would be willing to be a volunteer or have ideas of activities, please contact an Ag. Member. The Ag. Society is now holding regular fair meetings after the regular monthly meeting (which is the third Thursday of the month).

Do You have Treasures – **New or Used** - you would like to sell but don't want to host a garage sale at your home?

Well, load up your vehicle and join us at the

CAR "BOOT" SALE

Date: Saturday May 11, 2024

Time: 1 – 4 PM

Location: Rochester Community Hall Parking Lot

Cost: \$15 per stall
(or donate your items to the library)

This is a fundraiser for the
Friends of the Rochester Library

All participants must bring their own display table (if needed) and cash float. All unsold items will be the responsibility of the owner.

For more information or to book a stall,

Call Tammy @ 780-349-0690



LIBRARY LINES

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TRIVIA NIGHT

Bring a team or come solo and we will add you to a team.

ROCHESTER LIBRARY
MAY – 29
6:30 PM

JOIN IN THE FUN!

More information, contact the library.

CHAIR YOGA

Would anyone be interested in Chair Yoga? This is great for seniors and desk workers to get a gentle full body stretch. For those interested, there will be a first session on Monday, April 29, 2 pm at the library. For more information, call Gloria 780-349-0330.

COFFEE TIME

Monday, Wednesday and Friday
9 am - 11 am
Rochester Seniors' Centre



ADULT VOLLEYBALL



Adult Volleyball
Every Wednesday
School Gymnasium
7:30 pm
For more info call 780-689-9716

Rochester Community Supper

At the Rochester Senior's Centre
On May 2, 2024

(Doors open at 5pm & Supper is on the table at 5:30pm)

Menu

Mushroom Meatballs
Mashed Potatoes and Mushroom Gravy
Ceaser Salad
Corn
Pickles and Buns
Coffee, Tea, and Juice
Fruit and Vanilla ice cream for Dessert!

Take out is available!

Adults - \$12.00

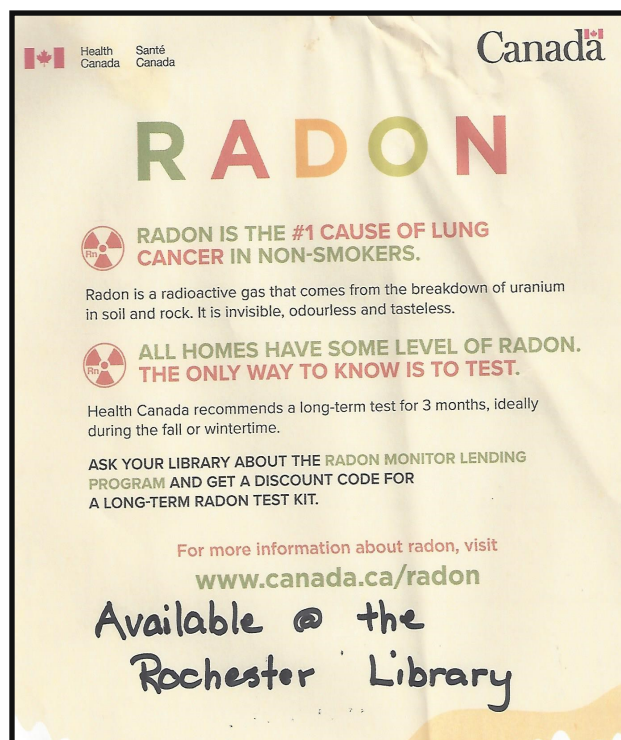
6 – 12 years old - \$7.00

5 and under – Free

Prepared by the Rochester Playground Committee


All children must be accompanied by a parent/ guardian!

Everyone is Welcome!




Canada

RADON

 **RADON IS THE #1 CAUSE OF LUNG CANCER IN NON-SMOKERS.**

Radon is a radioactive gas that comes from the breakdown of uranium in soil and rock. It is invisible, odourless and tasteless.

 **ALL HOMES HAVE SOME LEVEL OF RADON. THE ONLY WAY TO KNOW IS TO TEST.**

Health Canada recommends a long-term test for 3 months, ideally during the fall or wintertime.

ASK YOUR LIBRARY ABOUT THE RADON MONITOR LENDING PROGRAM AND GET A DISCOUNT CODE FOR A LONG-TERM RADON TEST KIT.

For more information about radon, visit
www.canada.ca/radon

Available @ the Rochester Library

LIBRARY LINES

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B **BINGO!**

Regular Monthly Bingo

Perryvale Hall

Friday, May 31, 2024
Doors open @ 6 pm
Precall @ 7 pm

Lucky 7, Odd & Even, Early Bird, Lots of Games

Concession Available
Minors Welcome

I **O** **N** **G**

GARDEN & GREENS SALE

on Saturday, May 25

from 10:00AM to 1:00PM

at St Andrew's Zion Church
in Colinton



Browse the Community Garage Sale

🍷 Enjoy our BBQ 🍷
& Visit with Friends & Neighbors

PERRYVALE COMMUNITY HALL SOCIETY

GARAGE SALE

MAY 4 & 5

Open at _____
10.00 AM - 04.00 PM

Location _____
Perryvale Community
Hall, Perryvale, AB

Donations Accepted
April 27, May 2 & 3
10.00 AM - 02.00 PM



Concession By
Perryvale Ladies Club



THE ROCHESTER'S SENIORS CENTRE
IS LOOKING FOR MEMBERS TO
ATTEND OUR WEEKLY CARDS AND
SOCIALIZING



EVERY MONDAY
AT ROCHESTER SENIORS' CENTRE
1 - 4 PM

LIBRARY LINES

Athabasca Family Centre

May 2024

3598-48 Ave

Add us on Facebook: Athabasca Family Centre
780-675-2623



Alberta Provincial Family Resource Networks

MONDAY	Tuesday	Wednesday	THURSDAY	FRIDAY	Saturday
		1. 9:30-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym 3:30-5:00pm Youth Club @ LTIS-outdoor games	2. 10:00-11:30am Baby Group 1:30-3:00pm Coffee Chat	3. 10:30-12:00pm *Join us at Wandering River Library* Travelling Family Centre	4. Centre Closed
6. 10:00-11:00am Bike Stroller Roller 12:00-2:00pm Chalk The Walk (Meet at Value Drug Mart) 4:00-6:00pm Boyle School Open House	7. 9:30-11:00am Sensory Exploring 1:30-2:30pm Partners In Time @ Extendicare (craft)	8. 9:30-11:00am Coffee Chat 12:00-2:00pm Chalk The Walk (Meet at Post Office) 3:30-4:30pm Fast Feet@ WHPS school gym 3:30-5:00pm Youth Club @ EPC-DIY planters & plants pre-register Hats On For Mental Health	9. 10:00-11:30am Baby Group 1:30-3:00pm Coffee Chat	10. 12:00-1:00pm Mother's Day Potluck Everyone welcome, please bring a food dish to share ~please pre-register. Those that pre-register will receive a small gift~ 1:00-1:30pm Chalk The Walk (Family Centre/FCSS)	11. 9:00-11:00am Pancakes and Play
13. 10:00-11:00am Bike Stroller Roller 1:30-2:30pm Coffee Chat 2:30-2:30pm Craft and Shine	14. 9:30-10:30am Coffee Chat 10:30-11:00am Tiny Chef 1:30-2:30pm Partners In Time @ Extendicare (Noodle Balloon)	15. 9:30-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym 3:15-5:00pm Youth Club @ Grassland School-paracord bracelet pre-register	16. 10:00-11:30am Baby Group 1:30-3:00pm Coffee Chat	17. Centre Closed Mentorship Hotdog Fundraiser @ Tipton's Your Independent Grocer 11:30-2:00pm	18. Centre Closed
20. Centre Closed -Victoria Day-	21. 10:30am-12:00pm *Join us at Boyle Library* Travelling Family Centre 1:30-2:30pm Coffee Chat	22. 9:30-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym 3:30-5:00pm Youth Club @ LTIS-DIY planters & plants pre-register	23. 10:00-11:30am Baby Group-Baby Yoga/ Massage 1:30-2:30pm Coffee Chat 10:30am-12:00pm *Join us at Richmond Park Hall* Travelling Family Centre Filling Your Toolbox (CASA Presentation) @LTIS 5:00-7:30pm	24. Centre Closed	25. Centre Closed
27. Centre Closed	28. Centre Closed	29. 9:30-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym 3:30-5:00pm Youth Club @ EPC-(Saboteurs) pre-register	30. 10:00-11:30am Baby Group 1:30-3:00pm Coffee Chat	31. Centre Closed	

Baby Group: A time for caregivers with babies under 12 months to meet other caregivers and babies and discuss current topics.

Coffee Chat: Let's connect through conversation and discuss topics you are finding challenging

Craft and Shine: Use your creative skills to make a craft. Morning and afternoon craft on the same day will be the same craft

Pancakes and Play: One Saturday a month join us for pancakes and play time in the center

Sensory Exploring: Let your child learn through their senses

Tiny Chef: Use and develop a variety of skills to make your own snack (please inquire about snack idea for allergy awareness)

Mother's Day Potluck: come to the center and enjoy a spring lunch (please bring a food dish to share)

Bike/Stroller Roller: Join us as we move and get outside. Meet at the Family Centre and walk/bike around Cornwall. Leave Family Centre at 10:00am ***Weather dependent, check Facebook**

Chalk The Walk: Join us writing inspirational messages at different locations during Mental Health Week. **Weather dependent, check Facebook**

Fast Feet: Join us at WHPS school gym for a fun physical activity program; running, throwing, catching, kicking, movement games and more! Must have indoor shoes

Partners In Time: Interact with the seniors through a variety of activities at Extendicare

Youth Club: See calendar for activity and school location. Please pre-register with Amanda at (780)675-2623

Travelling Family Centre: Crafts, stories, singing and caregiver education at communities within the NLFN.


**In the centre*

***Outreach*

LIBRARY LINES

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If anyone would like to add anything to our library newsletter, please e-mail me the submission in a jpeg format to tmorey@rochesterlibrary.ab.ca before the last Monday of each month. If there is room, I'd be happy to include it.


Cabin Consulting

Strategic business advice, focused on results.

Serial entrepreneur with 10+ years of international business experience. References upon request.

Rate: \$125/hour for virtual consultation. Prefer to meet in person? Let me know and I'll do my best to accommodate you.

Services include:

- start-up phase & client acquisition
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Introductory Offer: Complimentary 30-minute consultation to start!


Website: www.cabinconsulting.ca
Email: david@cabinconsulting.ca

COUNTRY BLOSSOMS GREENHOUSE
Celebrating 25 years

**OPENING DAY
MAY 11!**

Please Note: We will be closed every Wednesday

Clayton Jensen
Director



780.307.8149
LarueElectric@outlook.com

PO Box 354
Rochester, AB
T0G 1Z0




Amber Simpson
Registered Massage Therapist
780-213-4661





ACUPUNCTURE
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BOOK ONLINE AT: HELPMEAS.ME



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- Fuel Trucks
- Fuel Trailers
- Mobile Fuel Stations
- Mobile Fuel Tanks
- Propane Trucks / Tanker
- Propane Trailers

Smithbuiltenterprises.ltd@gmail.com Smithbuiltenterprisesltd.com

P.O. Box 373, Clyde Alberta
T0G 0P0

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Nicole Traverse
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Perryvale, Alberta
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nicoletraverse38@gmail.com
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FOLLOW US ON FACEBOOK & TWITTER



LIBRARY LINES

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MAY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Story Time 11 am Children's Program 3-4:30 pm Library Open 2-7:30	2 Supper @ Seniors 5:30 Library Open 11-4	3 Paint Night	4 Perryvale Garage Sale
5 Perryvale Garage Sale	6 Cards @ Sr. Centre 1 pm Library Open 11-4	7	8 Rhymes that Bind 10-11 am Book Club 2 pm Parent Council Mtg 10 am Library Open 2-7:30	9 Library Open 11-4	10	11 Mothers' Day Tea Car/boot Sale
12 	13 Cards @ Sr. Centre 1 pm Library Open 11-4	14	15 Rhymes that Bind 10-11 am Genealogy Workshop 2 - 3:30 pm Tween Club 3-4:30 pm Library Open 2-7:30	16 Ag. Society Mtg 7 pm Library Open 11-4	17	18
19	20 Cards @ Sr. Centre 1 pm LIBRARY CLOSED	21	22 Rhymes that Bind 10-11 am Lego 5-6 pm Library Open 2-7:30	23 Library Open 11-4	24	25
26	27 Cards @ Sr. Centre 1 pm Library Open 11-4	28	29 Rhymes that Bind 10-11 am Trivia Night 5-6 pm Library Open 2-7:30	30 Library Open 11-4	31 Perryvale Bingo	